



World Community for Christian Meditation (South Africa)



Newsletter 1

July 2014

WELCOME

Welcome to the newsletter of the World Community for Christian Meditation (South Africa) (WCCM-SA).

In this first edition, we introduce you to the WCCM-SA Committee, and to the new website www.wccm.org.za that has recently gone live.



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COMMITTEE



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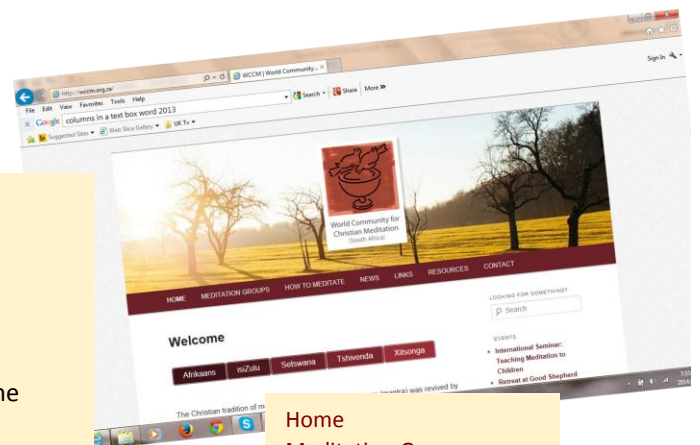
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GUIDE TO THE NEW WEBSITE

www.wccm.org.za

HOME

This page gives you a short introduction to meditation and the World Community for Christian Meditation, a worldwide organisation to which the South African branch is affiliated. The introduction can be read in a number of South African languages. <http://wccm.org.za/>



- Home
- Meditation Groups
- How to Meditate
- News/Newsletters
- New/Events
- Links

Guide to the Website continued

MEDITATION GROUPS

Here you will find contact details if you would like to join a meditation group. There are adult groups in Pretoria, Johannesburg and Bloemfontein, and school-based groups in Johannesburg. <http://wccm.org.za/meditation-groups/>

HOW TO MEDITATE

The way of meditation that is promoted here follows the teaching of the English Benedictine, John Main (1926-1982). <http://wccm.org.za/how-to-meditate/>

NEWS/NEWSLETTERS

On this page you will find links to the Meditation newsletter from the World Community for Christian Meditation. <http://wccm.org.za/essentialnewsletters/>

NEWS/EVENTS

Details of forthcoming meditation events can be found here. <http://wccm.org.za/category/events/>

LINKS

This page will take you to a number of useful, well-resourced websites, such as:

- The World Community for Christian Meditation International Centre
- MedioMedia
- The School of Meditation
- Meditation Outreach
- Contemplative Life Bookstore

RESOURCES

Here you can gain access to a number of useful resources, such as

- Daily Wisdom
- Weekly readings
- Weekly Teachings
- Other Readings

CONTACT

Finally, email contact details are provided.

FORTHCOMING EVENTS

1 INTERNATIONAL SEMINAR: TEACHING MEDITATION TO CHILDREN

The seminar will take place in various centres (to be announced) from 21 September – 4 October 2015. Look out for further details

The Catholic Institute of Education brings to South Africa two leaders in the field of teaching meditation to children.

Dr Cathy Day and Ernie Christie have earned international acclaim for their pioneering work of introducing meditation to children and teachers in countries as diverse as Australia, the USA & Canada, Poland and Singapore. They will base the seminar on their experience of implementing Christian meditation in 31 schools in Townsville, Australia.



2 RETREAT AT GOOD SHEPHERD RETREAT CENTRE

Hartbeespoort, Brits

Date: 5-7 September 2014

Theme: Lectio Divina and icons.

Cost: R1500 everything included